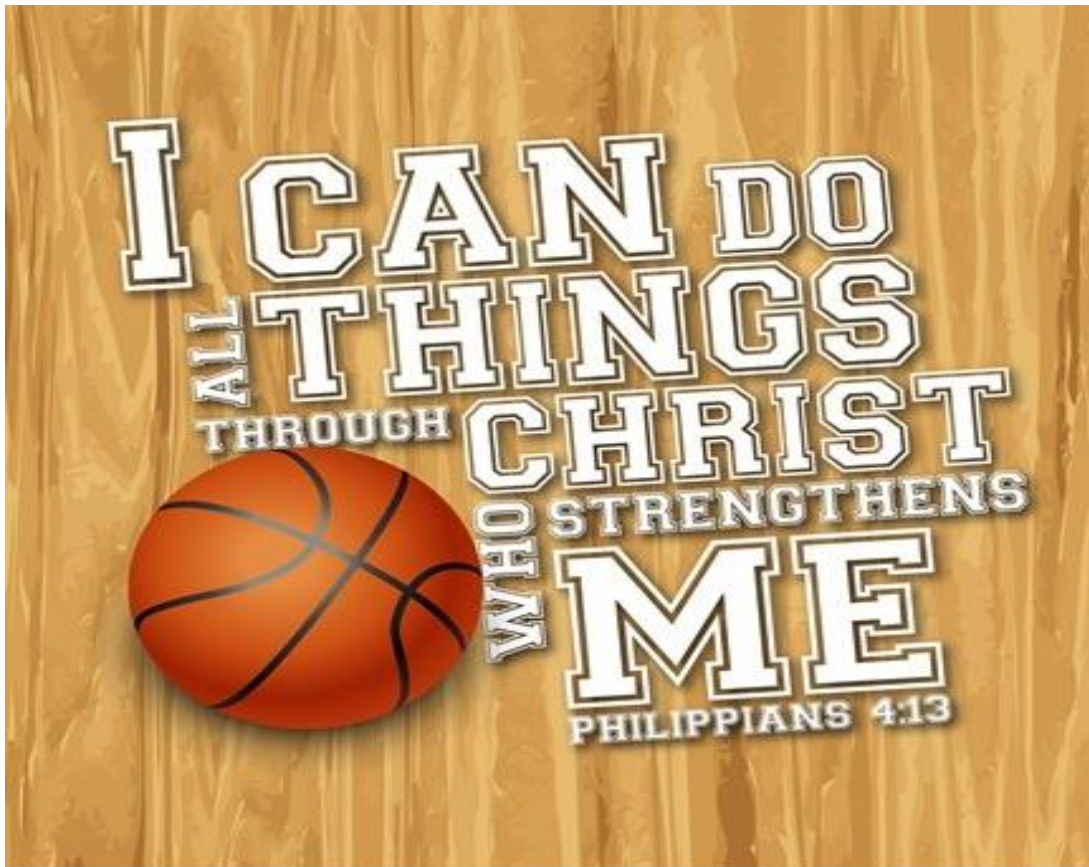


ARCHDIOCESAN BASKETBALL

www.leaguelineup.com/baltimorecyo



RULES and REGULATIONS

(Effective October 2021)

ARCHDIOCESE OF BALTIMORE
DEPARTMENT FOR EVANGELIZATION
OFFICE OF FAMILY, YOUTH AND YOUNG ADULT MINISTRY
320 CATHEDRAL STREET
BALTIMORE, MARYLAND 21201-4419

For cancellations
due to the weather ...

go to

www.leaguelineup.com/baltimorecyo



ARCHDIOCESE OF BALTIMORE
DEPARTMENT FOR EVANGELIZATION
OFFICE OF FAMILY, YOUTH AND YOUNG ADULT MINISTRY

2021

Dear Coaches, Coordinators, Volunteers and Moderators,

The purpose of Archdiocesan Youth Sports is:

“to empower athletic leaders to animate Gospel values in Catholic youth sports and encourage young people to live as disciples of Jesus Christ.”

We are disciples of Jesus Christ. We want young people to be disciples of Jesus Christ. From our first prayer on the court, to every encouraging word on the bench, even in every difficult defeat, we are followers of Jesus in both word and action. Our lives, and our league, will be different because of that reality. You are missionaries to these young people and serve as ministers among their families while you take this highly important role. We entrust you to live your own discipleship to a high standard and look forward to how that effects the lives of the young people we accompany and lead.

Around sports and our faith, we are taught;

“An attitude of redemption is present in sport when the primacy of the dignity of the person is respected, and sport serves the human person in his or her integral development.”

- Giving the Best of Yourself, Dicastery for Laity, Family and Life

This year especially, as we demonstrate resilience in coming back from a global pandemic that saw us lose so many things, including the 2020 season, your role is as essential as ever. As you teach young people the fundamental of basketball, it is your role as a minister to the young church to instill in them the values and character that come with being a disciple of Jesus in athletics.

The Archdiocese Basketball Rules and Regulations are revised annually by the Archdiocesan Basketball Committee. The Office of Family, Youth and Young Adult Ministry stands with the Basketball Committee in upholding these rules and authorizes the Basketball Committee to interpret and enforce them. Please take the time to learn these rules. All coaches, coordinators and moderators are expected to know and abide by them. These rules are written in the best interest of all youth who are eligible to participate in these leagues.

There are many players, coaches, officials and volunteers that make the Archdiocesan Basketball Team a success story for hundreds of young people each year. I encourage you all to “trust the team.” Your dedication and selflessness will inspire us all to greatness.

Sincerely,

Craig Gould
Office of Family, Youth and Young Adult Ministry

Archdiocese of Baltimore

Catholic Youth Organization (CYO) Athletics

Volunteer Training and Child Protection Policies

The Archdiocese of Baltimore Catholic Youth Organization (CYO) athletic program is the responsibility of the Office of Family, Youth and Young Adult Ministries (OFYYAM). The CYO athletic program currently sponsors the Archdiocese of Baltimore Soccer Program and the Archdiocese of Baltimore Basketball Program.

Both programs use school and parish volunteers as coordinators and coaches. It is the expectation of the OFYYAM that all volunteers will adhere to the policies set forth by the Archdiocese of Baltimore Office of Child and Youth Protection as stated below:

All volunteers who have substantial contact with children at a parish or school in the Archdiocese of Baltimore must complete the following requirements before volunteering:

Volunteers (Adult)

- Archdiocesan Application for Volunteer Service completed and reviewed
- Volunteer reviews the Code of Conduct for Church Personnel
- Volunteer reviews the Statement of Policy for the Protection of Children and Youth
- Volunteer Criminal History Consent Form completed and submitted to VolunteerSelect
- Driving Record Check Consent Form completed and submitted to VolunteerSelect (only if you will be driving for a parish or school)
- Three (3) references provided, checked and documented
- Volunteer completes the Online VIRTUS training at <https://www.virtusonline.org/virtus/> and the Play Like a Champion Today Educational Program

Volunteers (14-17 years of age)

- Archdiocesan Application for Volunteer Service, signed by parent or guardian and youth volunteer, completed and reviewed
- Volunteer reviews the Code of Conduct for Church Personnel
- Volunteer reviews the Statement of Policy for the Protection of Children and Youth
- Three (3) references provided, checked and documented
- Volunteer receives Worthy of the Call training thru parish or school

ARCHDIOCESE OF BALTIMORE

ARCHDIOCESAN BASKETBALL COMMITTEE

INTRODUCTION

“Sports, properly directed,” wrote Pope Pius XII, “develop character, make one courageous, a generous loser, and a gracious victor. Sports refine the senses, give us intellectual penetration, steel the will to endurance ... Sports, rightly understood, mean the development of the whole person ... help one achieve that end to which all others must be subservient, the service and praise of the Creator ...”

The Office of Family, Youth and Young Adult Ministry (OFYYAM) sponsors athletic programs that function according to the philosophy and spirit as described above. The OFYYAM’s basic philosophy is the promotion of active participation in organized sports and the sharing of the responsibility to keep cooperation among team members and competition between teams in proper perspective. This can be accomplished by helping to direct the athletic program toward the formation of strong Christian attitudes and values in all participants. Parish moderators, gym leaders, league coordinators and coaches must be the direct implementers of such a philosophy. They are responsible for the eligibility, conduct and safety of players and the careful observance of all rules of the Athletic Program, the specific league in which they participate and the proper care and use of all facilities by their athletes and spectators.

To carry out the program as it applies to basketball, the Director of the OFYYAM for the Archdiocese of Baltimore has established the Archdiocesan Basketball Committee to organize and administer all aspects of the Basketball Program. *All decisions made by the Archdiocesan Basketball Committee are final.*

The purpose of Archdiocesan athletic programs is to provide and promote inter-parochial recreational activities for boys and girls of the parishes. When properly organized and implemented, athletic programs assist in the development of Christian ideals in the youth who participate.

The philosophy of such athletic programs is based on implementing the following:

1. The value of getting along with people
2. Respecting the rights of other people
3. Developing and exercising leadership skills
4. Making decisions and accepting responsibility
5. Cooperating with others in effective teamwork
6. Developing self-reliance and emotional stability
7. Being fair and honest
8. Accepting defeat honorably and victory humbly
9. Developing a healthy body through physical activity in competitive athletics
10. Abiding by established and accepted rules, which uniformly apply to all participants

The 10 points from the previous page form the foundational philosophy of all Archdiocesan athletic programs and are to be implemented and maintained effectively in all programs under the aegis of the OFYYAM.

The following points are essential elements in the effort to enhance the development of Christian character through programs of organized competitive athletics:

- It is the responsibility of the Youth Moderators, or their representatives, to properly screen prospective coaches and managers. The enormous influence, which a coach can have upon the players in the program, cannot be overemphasized. Teams left in the hands of irresponsible coaches or managers are in direct conflict with the goals and objectives of Archdiocesan-sponsored athletics. Responsible adult coaching and management are essential!
- A thorough understanding and application of the principles of Christian sportsmanship to athletic competition is necessary and expected of all coaches and team managers. Unsportsmanlike conduct by coaches and managers will not be tolerated.
- Coaches must complete the following training before they are allowed to interact with children:
 - Successful completion of VIRTUS training at <https://www.virtusonline.org/virtus/>; and
 - Archdiocesan Coaches group training sessions will be conducted by the OFYYAM (check www.leaguelineup.com/baltimorecyo for dates, times, and locations). The training program being used will be the “Play Like a Champion Today” educational series.
- Adhering to the rules of eligibility is ultimately the coach’s responsibility. He/she must know the players on his/her team and thoroughly understand and adhere to current player eligibility rules. Rules on eligibility are the single most misunderstood and disregarded part of the program. Eligibility rules will be closely monitored and strictly enforced.

RULES GOVERNING THE ARCHDIOCESAN BASKETBALL PROGRAMS

I. ADMINISTRATION

The Archdiocesan Basketball Committee is responsible for the administration and conduct of the Basketball Program sponsored by the Office of Family, Youth and Young Adult Ministry, Archdiocese of Baltimore. The rules involving participation in the Basketball Program will be closely monitored and strictly enforced. Teams in this program are subject to the rules of the Archdiocesan Basketball Committee. **THE COMMITTEE RESERVES THE RIGHT TO RULE ON ALL MATTERS NOT EXPLICITLY COVERED BY THE RULES.** In cases of conflict, protests and rule interpretation, after careful deliberation by the Archdiocesan Basketball Committee, a decision will be rendered, and a written response will be issued. **Such formal action is final and will close the case.**

All communications with the Archdiocesan Basketball Committee will be conducted through the respective Parish Coordinator, to ensure continuity.

II. AFFILIATION AND ELIGIBILITY

A. VALID PARISH PLAYER

A Valid Parish Player is defined as:

1. A Baptized Catholic who is an officially registered member of the parish.
2. Anyone who attends the parish school.
3. Graduates of the parish school are eligible to continue to play in the 9th – 10th grade and 11th – 12th grade divisions.

B. VALID REGIONAL, CLUSTER OR INDEPENDENT SCHOOL PLAYER

1. Independent Catholic schools who are not affiliated with a parish can field a team consisting only of students in the school.
2. Regional or Cluster schools are defined as a school affiliated with more than one parish. These teams may consist of only students from the school or members of the affiliated parishes.
3. Students attending a Regional or Cluster school that does not have a team may play for one of the affiliated parishes of the Regional or Cluster school unless they belong to a parish that has a basketball team. Written permission must be received from the Archdiocesan Basketball Committee before using this option.

C. VALID NON-PARISH PLAYER

Players who are not members of a parish may be added to a parish team in accordance with the following:

1. A team may add Catholics who attend another parish or cluster school, which does not have a team. These Catholics need permission from their pastor, principal or parish coordinator and the approval of the Archdiocesan Basketball Committee before they can be added to a neighboring parish team's roster.
2. An Elementary, Junior or Senior Division team may add non-Catholic players who **MUST** live within the geographical boundaries of the parish as determined by the Archdiocese. Teams may not add non-Catholic players unless they have their geographical boundaries filed with and approved by the Archdiocesan Basketball Committee. These players must also secure **written** permission of the parish priest before participating in any league games. **NO TEAM SHOULD ADD NON-CATHOLICS TO A ROSTER BY DENYING VALID CATHOLIC PLAYERS THE OPPORTUNITY TO PLAY.**
3. High school age players (grades 9 thru 12) and college age players. These leagues were formed and run to allow players who are not members of their respective school's Varsity, Junior Varsity, and Freshman basketball teams an opportunity to continue to play organized CYO basketball. Teams are formed by individual parishes, and players are required to complete player contracts and rosters for the respective parish teams they are participating on. Players do not have to be parish members or live in the parish boundaries to participate on these teams. There is a **no forfeit rule** in place, which allows teams to have non-roster members compete in games on any given night. The only standing rule that is strictly enforced is that you are not allowed to play if you are a member of your respective high school basketball team.

D. CHANGING PARISH AFFILIATION

Once a player has played on a CYO Basketball team for one parish, the player has established an affiliation with that parish. If a player changes to another parish or school and wishes to change CYO Basketball affiliation, the player must seek the approval of the Archdiocesan Basketball Committee before joining the new parish basketball program. A change in affiliation may result in a year's ineligibility to play.

E. RECRUITMENT OF PLAYERS

- The obtaining of players from other parishes that have teams will not be allowed.

F. TEAM AND PLAYER PARTICIPATION

Teams in Archdiocesan leagues may play in only two Archdiocesan leagues. Players may play in only two Archdiocesan leagues. No player may appear on more than two team rosters. A player may not be under contract or play for more than one parish or cluster school team at any one time. A player may not be on the roster of more than one parish team in the same league. During CYO playoffs -- A player on two teams, in the same age group that have made the CYO playoffs, cannot play for both teams.

G. HIGH SCHOOL ATHLETICS

High School players who are members of Varsity, JV or Freshman, Sophomore High School teams will not be permitted to play in Archdiocesan Basketball leagues or be carried on a team roster. If a player has been dropped by a school team, written notification must be received by the Archdiocesan Basketball Committee from the school's Athletic Director before the player is eligible to participate in the Archdiocesan Program.

H. VIOLATION OF ELIGIBILITY RULES

1. A player who violates eligibility rules will be dropped from a team and all games they participated in will be forfeited.
2. *Coaches and managers bear the responsibility for checking their players' eligibility. A coach found to have an ineligible player will be suspended for that season and the next.*
3. Coaches who are aware of or concerned about the possibility of violations of eligibility rules should contact their respective parish basketball coordinator who will then contact an Archdiocesan Basketball Committee Member.
4. At the discretion of the Archdiocesan Basketball Committee, coaches and/or administrators who self-report violations of the eligibility rules in their program may receive leniency with regard to the administration of penalties as stated in #2.

III. ARCHDIOCESAN BASKETBALL LEAGUES

A. DIVISIONS

Teams are divided into the following three divisions:

1. **Elementary** - for players who are in the 5th grade and under
2. **Junior** - for players who are in the 7th grade and under
3. **Senior** - for players who are in the 8th grade and under

B. LEAGUE PLACEMENT

As far as it is possible, teams will be assigned to Archdiocesan leagues playing nearest their home parish. The Archdiocesan Basketball Committee has the final decision for team placement.

C. NUMBER OF PLAYERS ON A TEAM

A team may not carry more than 12 players. (A waiver may be granted by the Archdiocesan Basketball Committee.)

D. MAKE UP OF TEAMS

Girls must play on girls' teams and boys must play on boys' teams. We do not allow girls and boys on the same team.

IV. ORGANIZATIONAL MEETING

Prior to the basketball season, an organizational meeting is conducted by the Archdiocesan Basketball Committee specifically for **Parish Coordinators or their representatives**. At this meeting, Archdiocesan rules are distributed and explained in detail and leagues are formed for the upcoming season. ***It is MANDATORY that the parish coordinators or parish representative attend the organizational meeting.***

V. ENTERING A TEAM IN ARCHDIOCESAN LEAGUES

A. TEAM APPLICATION

To register any parish/school team in an Archdiocesan League, a team application form must be submitted one-week prior to the Organizational Meeting.

A team participating in two leagues must submit two team applications, two teams' fees and two sets of contracts and rosters.

B. FEES

1. Team and Gym Fees - Each team must submit a team fee with each team application submitted. Team fees are \$100.00 per team. A check for this amount should be made payable to the **Archdiocesan Basketball Committee** and is due by **November 1st**.

2. Officials' Fees - All games will have two officials. The fee **per team** will be as follows:

Elementary Division - \$ 24.00
Junior Division - \$ 26.00
Senior Division - \$ 28.00
9th thru 12th grade - \$ 28.00

If you have only one official, the cost will be one and a half times the normal game fee.

3. Table Fees - A fee of \$10.00 for scorer/timer will be payable by each team at each gym site. **** (See Section XII for NON-PAYMENT OF FEES**

C. PLAYER ELIGIBILITY

Each coach and program coordinator will be responsible to ensure that each player on their team and parish program has recorded their valid date of birth and grade on the player contract and team rosters. Proof of age and grade will be requested if needed.

D. ROSTER FORMS, CONTRACTS AND DEADLINE FOR SUBMISSION AND REVISION

An official team roster form and player contracts will be available at the Organizational Meeting or the Archdiocesan Basketball Website www.leaguelineup.com/baltimorecyo. All team rosters and player contracts must be turned in to the Basketball Committee on the night designated to hand them in and give schedules out. **ALL CONTRACTS AND ROSTER FORMS ARE TO BE FILLED OUT COMPLETELY AND THE ROSTER FORM MUST BE SIGNED BY THE PARISH PRIEST, PARISH YOUTH MINISTER OR SCHOOL PRINCIPAL. IF YOUR CONTRACTS AND ROSTER ARE NOT TURNED IN OR ARE INCOMPLETE, YOUR TEAM WILL NOT BE ELIGIBLE FOR PLAYOFFS.** Any team that has not filed a team application and paid the team fee by November 1st will not appear on the schedule. If, after an application has been filed and the team fee has been paid, a decision is made to drop a team from the league, the Basketball Committee must be notified by November 1st, or the fee will be forfeited. Deadline for adding or deleting players is January 8th. Teams with late contracts and roster forms, that are not returned by the night on which schedules are given out, and teams having additions to the team must send player contracts and a new team roster form to **Jim Voshell, 4072 Curled Dock Lane, Odenton, MD 21113 or via email at jvoshell@gmail.com.**

E. TEAM UNIFORM

1. The team uniform must have legal numbers – 4” in front and 6” in back. The legal numbers are: 00, 1, 2, 3, 4, 5, 10, 11, 12, 13, 14, 15, 20 thru 25, 30 thru 35, 40 thru 45, 50 thru 55.
2. To ensure proper parish affiliation:
 - a. Uniform may have the name or logo of the parish on the front, but no other names or logos will be permitted on the front.
 - b. Uniform may be plain with only numbers on the front and back.
 - c. Uniform may have a sponsor name on the back only, with lettering not to exceed 2” in height. If a sponsor name is used, the parish identification must be on the front.
 - d. Tee shirts and shorts worn under uniforms must be the same color as the dominant color of the uniform. All members of the team must have the same color tee shirt. Teams with reversible uniforms must select a primary uniform orientation, and any tee shirts and shorts worn under the uniform must match the dominant color. If at the request of the game officials, they reverse their jerseys in lieu of using pinnies to provide a contrasting color from the opposing team, they may retain the tee shirts and shorts that matched the dominant color of the primary side of the jersey. Federation Rule: Sleeves, arm bands, head bands, and tights worn by team players must be of the same color.
 - e. Uniform shorts must be the same color for all players on a team.
 - f. All players having tattoos must have them covered before playing in a game.
3. The referee will assess one technical foul to the team at the beginning of the game for violation of these rules.
4. Each team should have a set of mesh pinnies that is a different color from the team uniform, or reversible jerseys of a contrasting color.

F. PLAYING TIME

Each player on an Archdiocesan team must play the following amount of time:

Level	# Players per Team	Playing Time
Elementary	10 or more	4 minutes
Elementary	8 or 9	7 minutes
Elementary	7 or less	12 minutes
Junior	10 or more	5 minutes
Junior	8 or 9	8 minutes
Junior	7 or less	14 minutes
Senior/High School	10 or more	6 minutes
Senior/High School	8 or 9	9 minutes
Senior/High School	7 or less	16 minutes

Players fulfilling the minimum time requirement must fulfill the required minutes by playing those minutes in increments of no less than one minute.

Playing time requirements should be adhered to for all games based upon the number of players in uniform on the bench. **The coach has the responsibility to ensure that his own players meet the time requirements.** Failure to abide by the above rule will result in the forfeiture of the game.

G. FORFEITS

1. Forfeits will be handled in the following manner:
 - a. If a team forfeits their first game (**NO SHOW–NO COMMUNICATION**) this will cause the team to be dropped from the league.
 - b. Any team forfeiting a game may be excluded from future participation at the discretion of the League Coordinator and the concurrence of the Archdiocesan Basketball Committee.
 - c. Confirmation and retreat dates must be noted on the Team Application. **No league schedules will be revised.**
 - d. Federation Rule: Both teams must have five players on the floor to start a game
2. Even with the proper communications, a team that forfeits more than one game may be excluded from post season play at the discretion of the League Coordinator with the concurrence of the Archdiocesan Basketball Committee.
3. There is a ten-minute forfeit time starting from the scheduled game time.
4. Teams who forfeit games are responsible for the referee and table fees for both teams.

H. PRESS RULE

For Elementary Division girls and boys – There will be no full court pressing in this age group for the first half of the season (except for the last minute of the game). Teams can start to press in the second half of the season. The team with a 10-point lead or more must set their defense inside the 3-point line.

For Junior Division girls and boys – The team with a 15-point lead or more must set their defense inside the 3-point line.

For Senior Division girls and boys – The team with a 20-point lead or more must set their defense behind the half court line.

I. RUNNING UP THE SCORE

Running up the score shall be considered an unsporting act and penalized accordingly. Running up the score shall be defined as a differential of five or more points over the differential specified in the “Press Rule”.

1. In Elementary Division, that is 15 points
2. In Junior Division, that is 20 points
3. In Senior Division, that is 25 points

Penalty for running up the score will be:

1. A team will receive one verbal warning. This will be recorded in the scorebook.
2. Following the verbal warning, if the violating team does not adjust play, a team technical will be assessed to the offending team and charged indirectly to the head coach. Opponents will be awarded two shots and possession of the ball at the half-court line opposite the score table.

Note: Examples of “running up the score” include but are not limited to continuing to fast break, employing pressing defenses, or shooting immediately without taking time to pass the ball among teammates, etc.”

J. BACK COURT RULE

Girls and boys will be using the Federation Back Court Rule.

K. EQUIPMENT

Girls of all Divisions and the Elementary Division boys will use the smaller (28.5”) basketball. All the other boys’ teams will use the larger (29.5”) basketball.

VI. PARISH COORDINATOR

The Parish Coordinator is the main contact between the Archdiocesan Basketball Committee and his/her parish. Each parish program must have at least one Coordinator. The parish may have a separate Boys and Girls Coordinator.

The duties and responsibilities of the Parish Coordinator are:

1. To be the initial contact person for communications between the Basketball Committee and the parish program. This includes (but is not limited to):
 - a. disseminating information from the Archdiocesan Basketball Committee involving the parish's teams (e.g., rule changes, league changes);
 - b. referring questions to the Archdiocesan Basketball Committee (e.g., interpretation of rules); and
 - c. helping resolve any problems involving a parish team (e.g., protests, player eligibility, conduct of coaches, players or spectators).
2. To submit Archdiocesan Basketball team application forms and fees within established deadlines.
3. To verify and submit Archdiocesan Basketball player contracts and rosters within established deadlines.
4. To ensure that all coaches in her/his parish program understand and are in full compliance with the Archdiocesan Basketball Rules and Regulations, VIRTUS and Coaches Training.
5. To attend all meetings as the Archdiocesan Basketball Committee requires for organizational purposes.

VII. LEAGUE COORDINATOR

The League Coordinator and Gym Leader may be the same person. They are the contact persons for the League. The major responsibilities and duties are:

1. To be the contact person for teams in the league.
2. To see that schedules are made out and distributed to each team.
3. To resolve problems that arise in the league. If no solution is reached, to refer the matter to the Archdiocesan Basketball Committee for action.
4. To make sure every team understands the rules for the facility that they are using.
5. To keep scorebook or score sheets from every game in a safe place in case a review of the game is needed. To keep record of league standings, inform the teams of the league standings, and report the league winners to the Archdiocesan Basketball Committee at the end of the season.
6. To notify teams of a change in the schedule and make sure all teams know to go to the web site www.leaguelineup.com/baltimorecyo for game cancellations due to the weather.

7. To collect officials' fees and pay game officials each week.
8. To speak to any spectator who is disrupting the game in any way. The spectator can be asked to leave if conduct does not improve, as noted on page 12 under "IX Conduct of Coaches, Players and Spectators".
9. Send scores and league standings to the CYO Website coordinator at horner65@comcast.net on a weekly basis.

VIII. GYM LEADER

The Gym Leader or designated adult alternate **MUST** be present in the gym at all times. The major responsibilities of each Gym Leader are:

1. To open the gym fifteen minutes before the first game.
2. To have teams put the line-up in the score book or verify what the score table has put in the score book.
3. To advise coaches of the playing time requirements and, at half time, inform coaches of players who have not played.
4. To check the gym and the rest room facilities to make sure both are left in good condition.
5. If the League Coordinator is not present, the Gym Leader will handle any minor problems that should arise and may refer any problems to the League Coordinator.
6. To ask any person to leave the gym if they are not conducting themselves in the proper manner. (See Section IX-A.)
7. To enforce the Archdiocesan Basketball Rules and Regulations.
8. To make sure scorers check players into game on the score sheet.

IX. CONDUCT OF COACHES, PLAYERS AND SPECTATORS

All coaches, players and individuals accompanying a team are expected to conduct themselves in an orderly manner according to the following guidelines:

1. Coaches will be held responsible for the conduct of their fans. If a fan is ejected from the gym, the Parish Coordinator will be notified, and a two-week suspension will be enforced.
2. Any player who is ejected for any reason will be suspended for the next two CYO games. If a player plays in two leagues, he/she will be suspended for the next two games in both leagues.
3. Any coach who is ejected for any reason will be suspended for the next two games. If a coach coaches in more than one league he will be suspended for the next two games in each CYO league. Coaches may not be in the gym during the two-week suspension.
4. Any player or coach who physically mistreats or assaults an official or behaves in an unsportsmanlike manner at any time during the season will be suspended for the rest of the current season and for one additional season.

5. Spectators are asked to cheer for and give encouragement to their team. They should not interfere with the conduct of the game. Unruly spectators will be asked to leave the gym.
6. Any player or coach who appears physically impaired (drinking or drugs) will be suspended for the rest of the season and the next season. His/her individual case will be reviewed the following year. Suspension could be permanent.
7. A maximum of two coaches and team members are allowed on the team bench. A scorekeeper may also be allowed on the bench. No other persons are permitted on the bench at any time.

In keeping with the philosophy of the Archdiocesan Basketball Program, the following will not be tolerated:

1. A team that is ahead by a significant margin and continues to run up the score, for example, by continuing to fast break.
2. A team that ridicules another team or any of its players.

The League Coordinator, Gym Leader or any member of the Archdiocesan Basketball Committee has the authority to speak to the offending coach/team during the game and remind him/her of our rules. If the coach fails to respond to the warning, the Archdiocesan Basketball Committee will be notified. Failure to comply with these rules can lead to suspension and removal from the league.

X. PLAYOFFS AND TOURNAMENTS

1. The Archdiocesan Basketball Committee will conduct a post-season tournament for each age division to determine the Archdiocesan Champion.
2. The rules for the CYO Tournament are as follows:
 - a. A blind draw will be held to determine a team's position in this tournament. It is mandatory that the team manager, coach or their representative be present at this draw. Failure to comply with this requirement will disqualify the team from the playoffs.
 - b. Leagues with five to eight teams as of January 1st will be entitled to have two teams represent the league. Leagues with nine or more teams as of January 1st will be entitled to have three teams represent the league.
 - c. If a team is the winner in two leagues, they will only represent one league. No league will be allowed an extra representative if an eligible team chooses not to represent that league or chooses not to enter the tournament.
 - d. Players who have played in at least half of the regular season games in the league which they are representing are eligible for tournament play.
 - e. Players who have not arrived in the gym prior to the halfway point of the first half will not be permitted to participate in the playoff game.

- f. All games will be played at the sites and times designated by the Archdiocesan Basketball Committee.
- g. Playoffs dates will be announced at the Organizational Meeting and posted on the CYO website. Please plan your schedules accordingly to lessen conflicts during playoffs.
- h. The length of all playoff games will follow the same format as the regular scheduled games.

XI. PROTESTS, COMPLAINTS AND WAIVER REQUESTS

Protests, complaints and requests for waivers of Archdiocesan regulations are to be submitted in writing by the Parish Coordinator to the Archdiocesan Basketball Committee representative: **Jim Voshell, 4072 Curled Dock Lane, Odenton, MD 21113 or via email at jvoshell@gmail.com.**

Formal responses of the Committee are binding on all participants in Archdiocesan Basketball Programs. Coaches who have knowledge of an infraction of Archdiocesan regulations, particularly player eligibility, have a responsibility to inform the Archdiocesan Basketball Committee so that the infraction can be reviewed, and proper corrective action can be taken. The Archdiocesan Basketball Committee will take any action deemed necessary to enforce Baltimore Archdiocesan Basketball rules in order to preserve the spirit, purpose and Christian principles of the Basketball Program. This includes any initiative involving player eligibility, individual or team conduct, repeat offenses, and reviewing contracts, team forms and rosters.

XII. NON-PAYMENT OF FEES

All fees not paid by the league's required date will result in your team not being allowed to play until fees are paid.

NON-COMPLIANCE OF THESE RULES WILL SUBJECT A TEAM TO FORFEITURE OF ITS LEAGUE GAMES, LEAGUE CHAMPIONSHIPS, AND ANY POST-SEASON PLAY.

PARISHES WILL BE UNABLE TO ENTER TEAMS OF THE SAME VIOLATING AGE GROUP(S) IN SUBSEQUENT YEARS WITHOUT COMPLETE PAYMENT OF ALL FEES, INCLUDING ANY LATE FEES WHICH MAY BE ASSESSED.

XIII. GAME SCHEDULES

The Archdiocesan Basketball Scheduling Committee will make all new games schedules and provide updates for schedules that are changed. If you need to contact the scheduling committee, please send an email to: cyo.basketball.schedule@gmail.com.

GYM AND CLOCK RULES
FOR ALL C.Y.O. LEAGUES

Gym Leader will inform each team of the playing time requirements with the number of players at the game. See Page 8 Part V, Section F of the Rule Book.

The Press Rule on Page 9 Part V, Section H of the Rule Book will be in effect for all C.Y.O. Leagues.

Whenever a player checks into a game, he or she shall report to the scorer's table in order for the score keeper to record the player's game participation.

RUNNING THE CLOCK

The Clock stops the last two minutes of each half and overtime on all whistles.

When a team has a 25-point lead or more, the game clock will not stop.

On "One and One" shooting foul, the Clock will start when the ball is handed to the shooter for the first shot, then stopped if made and started again when the shooter gets the ball back for the second shot; or it will start when the ball is back in play, (on a rebound or when the ball is inbounded), if it is in the last two minutes of the half or the game.

The Clock stops when a two-shot foul is called. The Clock will start when the player is handed the ball on the second shot ... unless it is in the last two minutes of each half. It will start when the ball is back in play, (on rebound or when the ball is inbounded).

After a team receives a 7th team foul in a half, it shall be considered "BONUS" for the opposing team (i.e., "One and One"). On the 10th foul and above in a half, the opposing team will receive two foul shots.

Each team shall receive three full time outs and two thirty-second time outs per game. Each team receives an extra full time out for each overtime.

All games are played in running time. All games will be played in halves based on the chart below.

LEVEL	LENGTH OF GAME
Elementary	Two 12-minute halves
Junior	Two 14-minute halves
Senior	Two 16-minute halves

Overtime periods are to be set based on the chart below.

	1 st Overtime	2 nd Overtime	3 rd or more Overtime
Elementary/Junior	Three minutes	Two minutes	First team to score (made field goal or free throw). Table starts clock at one minute.
Senior	Three minutes	Two minutes	One minute

NO GAMES ARE TO END IN A TIE.

Coaches will notify the table of any preexisting player conditions that could affect player safety or prevent that player from completing the required playing time.

ARCHDIOCESAN BASKETBALL GUIDELINES FOR CREATING LEAGUE SCHEDULES

The guidelines shown below are to be used as an aid when creating league schedules for various numbers of teams.

1. **Five-team league:** Each team plays every other team twice with each team taking a turn having two bye weeks. Bye weeks are when one team has no game scheduled for that week. Each team will play a total of eight games. In this set-up, there is a league champion and a runner-up that will be eligible for post-season tournament play.
2. **Six-team league:** Each team plays every other team twice. There are no divisions in this league. In this set-up, there is a league champion and a runner-up that will be eligible for post-season tournament play.
3. **Seven and Eight team leagues:** In this situation, the league is split into two divisions. Each team will play every team in their division twice and play every team in the other division once. For the seven-team league one division will play eight games and the other division will play a total of nine games. Each team in the division with the least number of teams will receive two bye weeks for the season and each team in the division with more teams will receive one bye week for the season. For the eight-team league the same method applies except each team will play a total of ten games because there would be 4 teams in each division. In this set-up, there is a league champion for each division and no runner-up.
4. **Nine, Ten and Eleven team leagues:** In these situations, each team will play every other team once. There are no divisions in this league. So, for the nine-team league there will be a total of eight games played. Each team will receive one bye week for the season. For the ten-team league each team will play a total of 9 games; and for the eleven-team league each team will play a total of ten games with each team receiving one bye week for the season. The three top teams will be eligible for the post-season tournament play.

CONCUSSION AWARENESS

What is a concussion?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

What are some warning signs of a concussion? — For Immediate Attention call 911

Signs Observed by a Parent/Guardian	Signs Reported by the Athlete
<ul style="list-style-type: none">• Appears dazed or stunned• Is confused about assignment or position• Forgets sports plays• Is unsure of game, score, or opponent• Move clumsily• Answers questions slowly• Loses consciousness (even briefly)• Shows behavior or personality changes• Can't recall events prior to hit or fall• Can't recall events after hit or fall	<ul style="list-style-type: none">• Headache or "pressure" in the head• Nausea or vomiting• Balance problems or dizziness• Double or blurry vision• Sensitivity to light• Sensitivity to noise• Feeling sluggish, hazy or groggy• Concentration or memory problems• Confusion• Does not "feel right"

What Should You Do If You Think A Concussion Has Occurred?

1. Seek medical attention right away.

- A health care professional will be able to decide how serious the concussion is and when it is safe to return to play.

2. Keep your child out of play until medically cleared.

- Concussions take time to heal. Don't let your child return to play until a health care professional says it's okay. Children, who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.

3. Inform all coaches about any recent concussions.

- Coaches should know if your child has a recent concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell them.

4. Helping your child return to sports safely after a concussion.

- As your child's symptoms decrease, the extra help or support can be removed gradually. Children and teens who return to activities after a concussion may need to:
 - Take rest breaks as needed,
 - Spend fewer hours at activities,
 - If in doubt, sit it out!

CONCLUSION

These rules have been developed after thoughtful and prayerful deliberation. They have been provided for the best organization and implementation of the Archdiocesan Basketball Program. There may be differing views regarding these regulations; however, they should make the Archdiocesan Basketball Program a more effective instrument for advancing a solid Christian attitude in every participant, and it is expected that all participants will comply with these regulations.

The Archdiocesan Basketball Committee will consider possible revisions in these regulations if active coaches request in writing that these regulations be reviewed, reconsidered and, if necessary, amended for the good of the Archdiocesan Basketball Program. In any formal request for review and reconsideration of these regulations, it is necessary to describe the issue or concern which prompts the need for reconsideration along with possible alternatives for revision which should be considered by the Archdiocesan Basketball Committee.

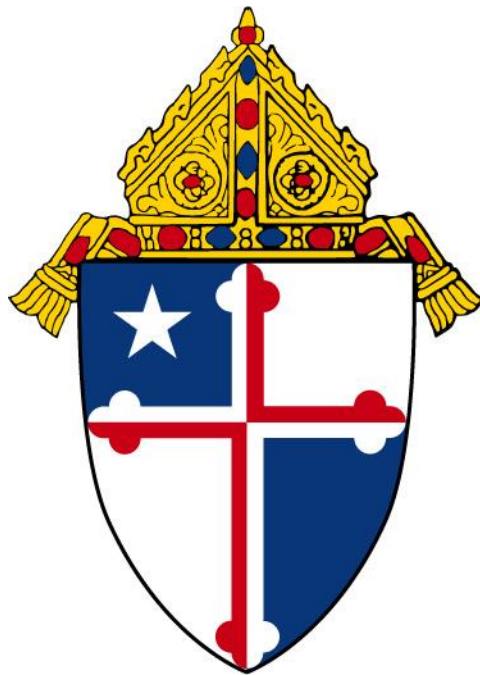
Have a good season!

Archdiocesan Basketball Committee

Mary Alice Jackson, Chairperson	410-744-6248
Mike Boettinger	443-695-3810
Joe Colburn	410-665-0357
Gerry Horner	301-655-6579
Conrad Katulski	410-796-1509
Lynne Matthews	443-255-1657
Pat McCawley	410-461-1209
Jim Voshell	410-925-3167
Tony Woolfolk	443-677-4597

ARCHDIOCESAN BASKETBALL

RULES AND REGULATIONS



**ARCHDIOCESE OF BALTIMORE
DEPARTMENT FOR EVANGELIZATION
OFFICE OF FAMILY, YOUTH AND
YOUNG ADULT MINISTRY
320 CATHEDRAL STREET
BALTIMORE, MARYLAND 21201-4419**